



UNBRIDLED UNITY

Bringing renewed purpose and
“can do” attitudes to your family.

Come out of the house into the
round pen with our horses!

A solution based Equine Assisted Approach

You see, I am alive
You see, I stand in
good relation
To the Earth.
You see,
I stand in good relation
To all that is beautiful.
I stand in good relation to
you....

You see , I am alive,
I am alive.

—*Kiowa song*

By using horses, who hold no judgment, we reveal new levels of understanding in ourselves. Horses possess mirror neurons, which means they excel in reading emotions. We create fresh and fun opportunities with fast results and success for everyone involved, just by playing with the horse!



Equine Assisted Advancement for your success and family's well-being.

- Boundaries: Who sets the limits?
- Love: The value of gradual affection
- Grieve: How about space and time?
- Being heard: Open communication.
- Connection: Non-judgmental space.
- Praise: Encouragement and contribution.
- Security: Can I count on you?

Work with the equine does not require riding or previous experience. Through Play and interaction, we implement learned skills that you can immediately utilize in your family.

Hourly sessions: Individuals or groups will start to understand the authentic communication models they utilize to be successful. In the first hour, you will gain deeper insight into incongruent behavior that hinders success. You choose the equine and we will get to work!

Half-day seminars: Identify goals and increase confidence. These sessions are for groups of ten and/or families. During these sessions you and your team will start to develop trust, respect and boundaries. You will learn about the different talents within you and your family that may have gone unnoticed until now! Your equine(s) of choice will guide you through the day in a very kind way and you will soon be able to see all your strengths.

Contact us for a truly amazing day!

Pia Jansen
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Pia Jansen

MSW, Owner, Facilitator
“Unbridled” Equine Assisted
Coaching

Located in Northern Colorado,
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